

Plastic takes a very long time to break down. Marine animals such as birds, turtles, dolphins and rays can become sick due to the plastic pollution.

## DID YOU KNOW?

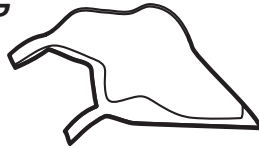
The majority of ocean plastic comes from discarded fishing gear.



### YEARS TO BIODEGRADE (in an ocean environment)

PLASTIC GROCERY BAG

20 years



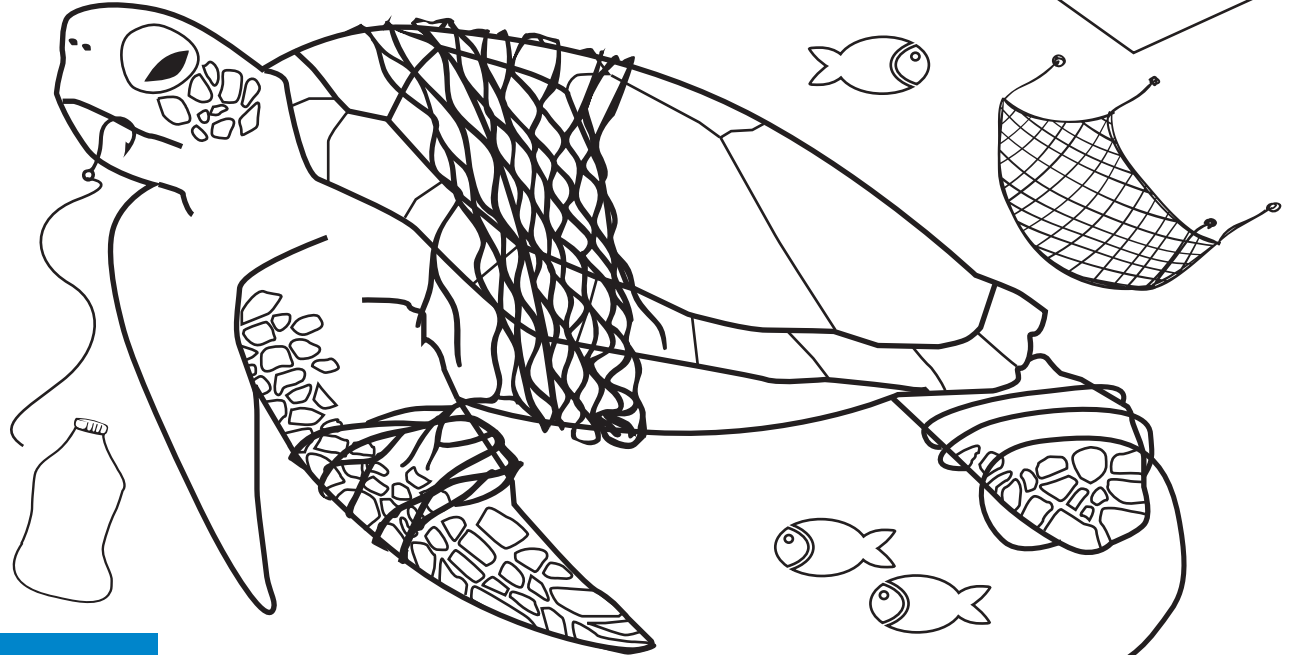
PLASTIC BOTTLES

450 years



FISHING LINE / NETS

600 years



That's a really long time!!

### HOW CAN YOU HELP?

Fishing lines and nets cause a lot of harm to sea life. The best way to save the ocean and its ecosystem is to stop eating fish.



PLASTIC IS HARMING OUR OCEANS AND MARINE ANIMALS



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FOR MORE INFO CHECK OUT [WWW.VEGETARIAN.ORG.NZ](http://WWW.VEGETARIAN.ORG.NZ)

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HEALTHIER  
WORLD