## GOING VEG MEANS EATING WITHOUT HARMING

## "AN UNNATURAL LIFESPAN"

**SLAUGHTER AGE NATURAL LIFE SPAN** VS "VEAL" CALVES 1 - 24 WEEKS 15 - 20 YEARS "MEAT" CHICKENS **UP TO 8 YEARS\*** 10 - 12 YEARS **PIGS 4 - 6 MONTHS LAMBS** 3 - 8 MONTHS 12 - 14 YEARS "BEEF" CATTLE 15 - 20 YEARS 18 MONTHS **CHICKENS UP TO 8 YEARS\*** 18 MONTHS (LAYERS) **PIGS 3 - 5 YEARS** 10 - 12 YEARS (BREEDING SOWS) "DAIRY" COWS 15 - 20 YEARS **6 YEARS** 

\* "Meat" chickens are bred to grow so fast that their bodies cannot endure very long. When not bred for consumption they can grow at a rate their bodies can sustain.

"BUT FOR THE SAKE OF SOME LITTLE MOUTHFUL OF FLESH WE DEPRIVE A SOUL OF THE SUN AND LIGHT, AND OF THAT PROPORTION OF LIFE AND TIME IT HAD BEEN BORN INTO THE WORLD TO ENJOY."

NO-ONE NEEDS
TO DIE FOR
YOUR DINNER

**PLUTARCH**